

ST. ANTHONY OF PADUA CATHOLIC CHURCH

Saturday, April 13, 2024

Parish Directory



PO BOX 157, Westphalia, MO 65085
Westphalia Rectory:
573-455-2725

Father Schrader:
dschrader@diojeffcity.org

Parish Facilities Director:
Candace Woehr
573-229-4227. 573-881-6538

Parish Nurse:
Margie Luebbert
573-690-7213 margie.luebbert@live.com

Parish Council President:
Mark Huhn
573-694-6440

Parish Secretary:
Michelle Luebbert
stanthonyfolkparish@gmail.com
573-298-6244

Cemetery:
Judy Schulte
573-338-3911

Sacrament of Reconciliation

Sunday 6:30am (Westphalia)
11:30am (Westphalia)
Wednesday 4:30pm (Folk)
Friday 8:45am (Westphalia)
Saturday 3:15pm (Folk)
Odd first Saturdays 7:00am (Westphalia)

Mass Times

Wednesday 5:00pm (Folk)
Saturday 4:00pm (Folk)
5:30pm (Westphalia)
Sunday 7:00am (Westphalia)
10:00am (Westphalia)
12:00pm *Traditional Latin Mass* (Westphalia)

Sacrament of Holy Matrimony

Wedding preparation is 6 months prior to wedding day. Contact Fr Schrader at 573-455-2725.

Sacrament of Baptism

Contact Fr approximately 6 weeks prior to the birth of the baby.

For additional information regarding marriage or baptism contact Carol Luecke at 573-455-2639 or candaluecke@gmail.com

Mass Assignments

Wednesday, April 17 - 5:00 pm

Saturday, April 20, 4:00 pm

Greeters/Ushers: Mike Massman & Luke Volmert

Servers: Trenton & Evan Kampeter

Gifts: Luke Volmert Family

Lector: Luke Volmert

Minister of Holy Communion: Keith Huhn

Collection: Adrian Heckman & Sarah Huhn

Music: Nancy

Rosary: Mike Massman

Wednesday, April 24, 5:00 pm

Saturday, April 27, 4:00 pm

Greeters/Ushers: Tim & Robin Schulte

Servers: Bryce & Rylie Wieberg

Gifts: Ethan Wieberg Family

Lector: Keith Huhn

Minister of Holy Communion: Sarah Huhn

Collection: Courtney Berhorst & Chase Volmert

Music: Lisa, Jennifer, & Clair

Rosary: Mary Wekenborg

Church Cleaners for April

Sarah Huhn, Hen Woehr, Robin Schulte, & Mary Luecke

Mass Intentions

Wednesday, April 17 - Priestly vocations from St.

Anthony & St. Joseph Parishes

Saturday, April 20 - Matt & Rosemary Wehr

Wednesday, April 24 - John & Mary Lou Heckman

Saturday, April 27 - Margie Temmen

Wednesday, May 1 - Celsus Stegeman

Saturday, May 4 - Levoy Luebbert

Roses for the Blessed Mary for the month of April are donated in memory of Celsus Stegeman.

Birthdays & Anniversaries:

God bless you as you celebrate your birthday or anniversary.

Birthdays:

April 14 - Scott Rademan & Lydia Huber

April 17 - Maxine Massman

April 18 - Randy Stegeman

Anniversaries:

April 13 - Michael & Nancy Massman

Church Access for Prayer

The parish has installed a combination lock on the church side door. If any parishioner would like to access the church for prayer time, they may contact one of the following Parish Council members, or Sacristans, to obtain the door code and instructions for use.

Brian Scheppers 573-619-4362

Michelle Luebbert 573-619-5824

Candace Woehr 573-881-6538

Church hours for prayer: Daily 8am - 5:30pm



Financial Report

Offertory April 6, 2024

Envelopes:	\$850.00
4/5 ACH:	\$2,085.00
Loose:	\$75.00
Total:	\$3,010.00

Month of April 2024

No MTD report

Pray for Priests

This week you are asked to pray for the following Priests:

Monday: Rev. John J. Schmitz

Tuesday: Rev. Patrick O. Adejoh

Wednesday: Rev. Basil Tigga

Thursday: Rev. P. Gregory Oligschlaeger

Friday: Rev. Roberto M. Ike

Saturday: Rev. Mark A. Porterfield

Sunday: Rev. Christopher L. Cordes

Did You Know?

Q: What is the meaning of the title "Lord"?

A: In the Bible this title regularly designates God as Sovereign. Jesus ascribed this title to himself and revealed his divine sovereignty by his power over nature, over demons, over sin, and over death, above all by his own Resurrection. The first Christian creeds proclaimed that the power, the honor, and the glory that are due to God the Father also belong to Jesus: God "has given him the name which is above every other name" (*Philippians 2:9*). He is the Lord of the world and of history, the only One to whom we must completely submit our personal freedom.

Scrip

Scrip will be on sale April 20-21 and May 5-6.

Madison's scrip cards are currently unavailable. Don't forget to use scrip for all those upcoming spring and summer home projects!

Profit to Date: \$26,922. Since May 1st we've sold **\$857,437** worth of Scrip. We're behind \$2,400 in profit from where we were last year.

Thank you for your continued support of the Scrip program!

"Lord Jesus, open the scriptures to us; make our hearts burn while you speak to us." Luke 24:32

Ministry to the ill & infirm:

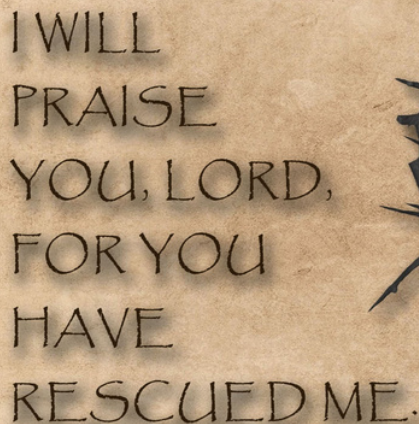
If you are preparing for surgery, recovering from surgery, homebound or ill, please let Fr. Schrader know so that you have the opportunity to receive the Sacraments and pastoral care.

Prayer List

Please offer your prayers for:

Justin Veit, Amy Kemna, Dorothy Veit, Patsy Baumhoer, Brennan Schulte, Larry Woehr, Theresa Rehagen, Jane Grimm, Paul Stegemann, Elmer Rademann, Jaycee Schmitz.

If you would like to be added or removed from the prayer list please email stanthonyfolkparish@gmail.com.



I WILL
PRAISE
YOU, LORD,
FOR YOU
HAVE
RESCUED ME.

PARISH NEWS

MASS COUNTING

March 2024 Mass Attendance

Date	Attendance
3/2	133
3/9	124
3/16	N/A
3/23	193
3/31	236

April 2024 Mass Attendance

Date	Attendance
4/6	120

EASTER THANKS AND CONGRATULATIONS

Thank you to all those who helped prepare the Triduum celebrations, including sacristans, decorators, servers, lectors, ushers, musicians and singers, and others. I appreciate all your hard work!

I also want to thank our RCIA team (Deacon Jim and Kathy Haaf, Janice Wieberg, Candace Woehr) for preparing our new members of the Catholic Church: Erik, Rachel, and Woody. Welcome and congratulations! -Fr. Schrader

7PM CONFESSIONS ON FIRST WEDNESDAYS

After trying a 7pm confession time on first Wednesdays on a trial basis, I have decided to continue offering confessions following the first-Wednesday men's group meetings but not to offer confessions on first Wednesdays apart from the men's group meetings. Other parishioners are still welcome to come to confessions when available following the men's group, but I will no longer be advertising this as a distinct time slot. -Fr. Schrader

2024 HIGH SCHOOL GRADUATES

If you are a 2024 graduate and would like to participate in a Senior Mass at St. Anthony, please contact the parish office at stanthonyparish@gmail.com by April 19th. Thank you!

FIRST COMMUNION

A group celebration of first Holy Communion is scheduled at St. Joseph for May 5 at 10:00am. Since we have St. Anthony children preparing for first Communion in a variety of ways (at St. Joseph school, at another school, homeschooling, PSR/CCD), I want to remind our families that you have options for celebrating first Communion.

When your child is ready for the sacrament, you are welcome to join the group first Communion at St. Joseph; you are welcome to organize a group celebration at St. Anthony; you are welcome to arrange for an individual date to celebrate first Communion. It is up to each family. I am willing to accommodate whatever works best for you with the celebration of this important sacrament. -Fr. Schrader

MASS INTENTIONS

While each Mass is offered in a general way for the needs of all the world and for the souls of the faithful departed, the priest offering the Mass can apply the specific fruits of that Mass for an intention of his choice. By ancient tradition, members of the faithful may request the priest to offer Mass for a specific intention of theirs. The code of Canon Law states that "A priest is free to apply the Mass for anyone, living or dead." (can.901)

It is also customary, though not absolutely required, for the faithful to make a donation to express their concrete connection with the offering of that particular Mass. In former times, this donation was often the things physically necessary to offer Mass (bread, wine) or other things required for the support of the clergy. Today, such a donation (a "Mass offering") is usually a small cash donation. In the Diocese of Jefferson City, the customary donation for a single Mass is \$10. In our diocese, these donations are given to the parish.

If you wish Mass to be offered for a specific intention and to make a donation in connection with this intention, please place an envelope marked "Mass intention" in the collection basket.

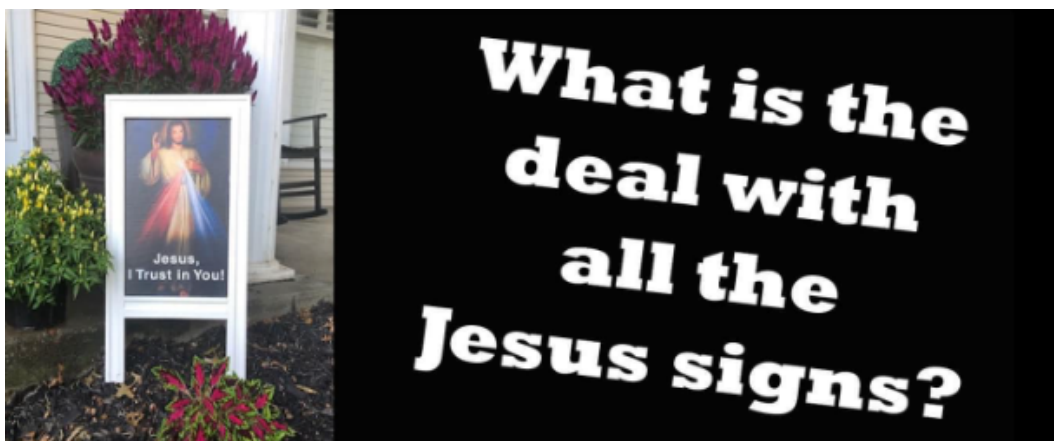
HEART OF A HERO MEN'S CONFERENCE

Heart of a Hero Men's Conference: St. Joseph Cathedral, April 19 and 20. All men are encouraged to attend. This is similar to the Men's conference held in Kansas City and St. Louis. A great way to take your faith to another level. Register at www.menofsignumcrucis.com/mens.conference or contact Steve Brune – 573-659-3332.

BLESSING OF FIELDS & FLOCKS (MAJOR ROGATION DAY) - APRIL 25

On April 25 at 6:00pm at St. Joseph (Westphalia), there will be a litany, penitential procession, and Fr. Schrader will offer a solemn blessing of the fields and flocks of all the surrounding countryside. "Rogation" means "asking." Since the late 400s, the Church has set aside certain days of the year to ask for God's blessing for crops and animals as well as deliverance from various evils. April 25 is the feast of St. Mark, when the Major Rogation for the year has traditionally been held. Please join us in prayer and procession on this day! Booklets with the prayers will be provided.

MICHAEL MCGLINN DIVINE MERCY MIRACLES PRESENTATION - MAY 1ST



If you are a Catholic in Osage County, there is a good chance you have been asked this question!

DO YOU KNOW THE ANSWER?
If you don't, you are missing out!

**It is so much more than an image! Join us for a talk on
DIVINE MERCY MIRACLES.**

May 1st . St. Joseph Church
Westphalia, MO . 6:00pm

May 2nd . St. Stanislaus Church
Wardsville, MO . 6:00pm



Join Michael McGlinn, international award winning film producer, musician, founder of Sistine Films and Face of Mercy, speaker for Catholic Athletes for Christ, former lineman, husband and father as he helps to unveil the mystery of Divine Mercy.

Michael has produced films all over the world and original soundtracks for Catholic film productions. He is also a music recording artist who has worked with legendary musicians from Gloria Estefan and the Miami Sound Machine, The Allman Brothers Band, John Tesh and Genesis. Michael was an offensive lineman under legendary coach Lou Holtz and played in all four major bowl games in consecutive years: Orange, Sugar, Cotton and Fiesta.



THIS IS A FREE EVENT AND ALL ARE WELCOME!

We will be offering an optional free will giving opportunity to help cover Michael's travel expenses.

Statement of the Missouri Catholic Conference on the Abortion Initiative Petition

The Catholic Church supports and defends society's most vulnerable, especially women and children, through accompaniment, social services, and material assistance.

A misleading proposed amendment to the Missouri Constitution suggests that a "right to an abortion" is needed to protect women, while the amendment could actually put women at risk and endanger preborn children. This ballot initiative would legalize abortions in this state and remove long standing health and safety standards for women. In addition, this initiative does nothing to reduce or eliminate the underlying social causes for abortion and does not further a true culture of life in the state.

Groups are currently collecting citizen signatures to add the amendment to the November 2024 ballot. **We encourage all Catholics and people of good will to not sign any petition that would put this amendment on the ballot.**

The Catholic Church in Missouri will continue to provide spiritual and material support to expectant mothers and their families through our parishes and ministries, and to advocate on their behalf and on behalf of their preborn children. For those women suffering from the pain of an abortion, the Church will continue to offer true healing and hope through its Post Abortive Healing Ministries. We ask all to help us in these efforts to safeguard the right to life.

We look forward to the day when every child, born and unborn, has the love and support needed to thrive and reach his or her full potential. Let us pray for a greater recognition of the gift of each and every human life in our society.

CATHOLIC BISHOPS OF MISSOURI



+ Mitchell T. Rozanski

Most Reverend Mitchell T. Rozanski
General Chairman
Archbishop of St. Louis



+ James V. Johnston, Jr.

Most Reverend James V. Johnston, Jr.
Vice Chairman
Bishop of Kansas City-St. Joseph



+ Shawn McKnight

Most Reverend W. Shawn McKnight
Executive Chairman
Bishop of Jefferson City



+ Edward M. Rice

Most Reverend Edward M. Rice
Bishop of Springfield-Cape Girardeau

Approved February 22, 2024

WOMEN'S MINISTRY MEETING APRIL 29 - FOLK

We are going to have a Women's Ministry meeting at Folk on April 29th 2024, starting at 11am. Serving soups and snacks. You may visit or play cards. At 1pm, Rebecca Bulter, a physical therapist from Jefferson City is going to speak on easy wellness exercises for you to do at home. Everyone is welcome!

UPCOMING EVENTS

BONNOTS MILL KNIGHTS OF COLUMBUS DRIVE THRU CHICKEN DINNER - LOOSE CREEK

Friday, April 19

Loose Creek school/church parking lot

Serving 4:30-7pm

\$14/meal

Meal includes: 4 mixed pieces (1/2 Chicken), bake potato, green beans and slaw

RUNNING WITH THE ANGELS 5K

Immaculate Conception School in Jefferson City is sponsoring a 5K run/walk at 6 pm on Friday, April 19. Medals will be given to the top 3 male and female finishers in each of the eight age groups. There will also be door prizes and snacks! Registration forms can be found under the school tab on our website: www.icjeffcity.diojeffcity.org or by contacting the school office (573.636.7680). T-shirts guaranteed to all participants who register by April 5. We hope to see you at this fun event!

PREGNANCY HELP CENTER 5K WALK/RUN

The Pregnancy Help Center is sponsoring a 5K walk/run on April 20, at Memorial Park In Jefferson City. Deadline to pre-register and get a free t-shirt is April 4. Go to www.friendsofphc.org to register online or call 573-644-6635.

ST. ALOYSIUS & ST. BONIFACE SPRING DINNER - KOELTZTOWN

Sunday, April 21

St. Boniface Annex Building

Serving 11am - 5:30pm

\$15/meal

Dine in or drive thru

Country fried chicken, baked ham, mashed potatoes & gravy, green beans, coleslaw, applesauce & dessert

NURSES' CORNER

Health News – Your happiest spring yet!

Couch time prevents spring colds! – Carving out 30 minutes every day to take a break reduces your risk of draggy spring colds and other viral ills. So say University of Southern California researchers, who found that when the central nervous system is relaxed and stress hormone levels are low, the immune system ramps up its production of virus-destroying lymphocytes.

Heighten happiness by planting plants – This is the perfect time of year to plant a few tomato, pepper or cucumber seeds indoors (in about eight weeks, you'll have healthy little plants to kick-start your veggie garden!) And doing so could boost your cheer in 1 minute, plus prevent the blues as effectively as daily workouts can, Princeton University investigators say. That's because daily exposure to growing plants—whether you're watering and caring for them or just glancing at them as you walk by---increases the release of mood-steadying alpha brain waves. **OR WEAR YOUR FAVORITE SHIRT!** To reduce your risk pf blah moods as spring gets into full swing, put your favorite cheerful summer shirt front-and-center in your closet so you'll see it each time you get dressed. Australian researchers say the gratitude you feel when you're reminded of happy days ahead automatically increases your body's production of uplifting serotonin.

Fight allergy flares with asparagus – Scientists reporting in the Journal “Nutrients” say that asparagus is packed with compounds called phospholipids that can dial down your immune system’s production of allergy-fueling histamine if you enjoy a few spears daily. OR SUDS UP! Enjoying a long soak three times weekly drastically reduces congestion, sneezing, scratchy eyes and other allergy-triggered symptoms. That’s according to Thai scientists, who found that warm, steamy air reduces airway swelling and opens and drains sinuses, flushing out symptom-triggering pollen.

Deepen sleep with a bedroom breeze – Giving your bedroom a few minutes of fresh air before bed cuts your risk of restless sleep, say the UPenn scientists. Flushing out indoor air pollutants that build up in well-sealed bedrooms reduces airway inflammation and improves lung function, thwarting sleep-disrupting snoring. OR MOISTURE! You’ll fall asleep faster if you massage lotion onto your arms and legs before bed, found a study in the “International Journal of Nursing Studies. When skin is comfortable and itch-free, the nerves that bring on deep sleep are more active, helping you drift off.

Soothe back pain with sunny breaks – Midday sunshine can help. Polish research suggests getting a few minutes of sun between 11a.m. and 1p.m. (when UV rays are the strongest) cuts stiffness and pain. When skin is exposed to UV light, it releases painkilling endorphins. OR EAT CHOCOLATE! – When back pain strikes, enjoy a few ounces of your favorite milk or dark chocolate treat! A study in PLOS ONE suggests that the polyphenols in cocoa quickly calm overactive pain nerves, easing a pesky backache in as little as 5 minutes.

Article from WW April 15, 2024

We are going to have a Women’s Ministry meeting at Folk on April 29th 2024, starting at 11am. Serving soups and snacks. You may visit or play cards. At 1pm, Rebecca Bulter, a physical therapist from Jefferson City is going to speak on easy wellness exercises for you to do at home. Everyone is welcome!

Have a good week! Stay safe and well. If there is anything that I can assist you with please call me at 573 690 7213. Margie